

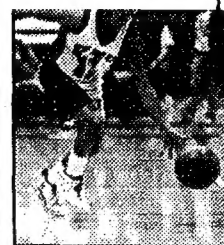
INSIDE:♦ Is caffeine a drug?
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The

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University of Nebraska at Omaha

Friday, January 24, 1997

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page 9♦ Track team
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page 10

Judge: 'fees unconstitutional' Student Fees Under Fire

By SAVONDA NICOLE JOHNSON

On Nov. 29, 1996, a federal judge mandated that it was unconstitutional for the University of Wisconsin-Madison students to pay student fees for those organizations they did not support. University of Wisconsin-Madison student fees supported organizations such as the WisPRIG, a group that supports local politicians, and the Lesbian, Gay, and Bisexual Campus Center. Since some students do not support some of these organizations they should not have to financially support them, too.

At UNO, student fees are divided into fund A and fund B. Fund A, which includes \$7.50 of the \$100 that students taking 6 or more credit hours pay (\$7.50 from the \$90 that students taking less than 6 hours pay), goes to support Student Government, Student Programming Organization (SPO), Network for disabled Students, International Student Services (ISS), the Gateway, Women's Resource Course (WRC), Council for Community and Legislative Relations (CCLR), and American Multicultural Students (AMS). Fund B is campus-wide funding, such as faculty salary, and basic up-keep of the campus.

Students who do not wish to support these organizations can have their \$7.50 refunded.

Eve McLain, Student Government's executive treasurer, discussed the importance of student fees and about students who get them refunded.

In a Monday afternoon interview, she said, "I think a student who goes to this school should try and support these agencies because we have strong organizations. They help us bring in other students. This is a round circle and if we pull out one puzzle piece it makes it incomplete."

Jason Boyer, a student senator, talked about Student Government's philosophy on student fees. "Student fees must go to the good of the student population, and the main concern here is if we are serving our students."

Student President/Regent Jason Winterboer expressed his

-- see Fees, page 3 --

BUFFA-LOW?

The Men's and Women's Basketball teams hope to post home victories against tough North Dakota squads this weekend. The Mavs will face the Bison of North Dakota State on Friday and the North Dakota Fighting Sioux on Saturday. See page 9.



With Voter Approval, Lottery Rakes in the Dough

By JIM HEALEY

The Nebraska Lottery won the approval of voters in November of 1992, with 63 percent in support of the big-money operation. Meanwhile, aside from the handful of big winners, overall benefits and appropriation of the revenue may go unnoticed.

Upon approval, the State Legislature created the lottery guidelines and the structure of the game in February 1993. Ticket sales began September 11, 1993.

The Nebraska Lottery has introduced a variety of games since its inception. On-line games offer the largest payoffs. These games include Powerball, Daily Millions and Nebraska Pick 5, which the Nebraska Lottery makes available at about 800 locations across the state.

Comparatively lower-paying scratch card games offer a higher percentage if a player wins. Since these games are not on-line, they are available at nearly 1300 retailers. The games are played with either \$1, \$2 or \$3 wagers.

The Nebraska Lottery reported their total sales for the fiscal year ending June 30, 1996, as \$81,829,662. Scratch ticket sales accounted for 52 percent of this total.

Payoffs for winning tickets reportedly account for 55 percent of Nebraska Lottery sales.

Twenty-five percent of the lottery sales are appropriated to four beneficiary trust funds. This division of proceeds was established by the State Legislature, according to the Nebraska Lottery.

Proceeds are transferred to the trust funds every fiscal quarter, and 13 transfers have been made to date. The funds reflect the interests of the state. The latest transfer of \$4,714,069 pushed the trust fund total up to \$60,504,503. Approved grants number more than 330 and exceed \$43 million.

The Education Innovation Fund receives the highest share of the trust funds at 49.5 percent per year and has accumulated

-- see Lottery, page 2 --

Aging and the Media: More than 'Golden Girls' and Game Shows, Says UNO Prof

By RENÉE NOVY

When most people think of broadcasting managers' attitudes towards older people, high ratings for "The Price is Right" and "Golden Girls" may come to mind. However, both the older audiences and managers' attitudes are more complex than game show prize contests.

Dr. Michael Hilt, associate professor in UNO's communication department, recently published his first book, "Television News and the Elderly: Broadcast Manager's Attitudes Toward Older Adults" through Garland Publishing Company.

Hilt describes the book as an expansion of his doctoral dissertation, and involves research both he and Dr. Jeremy Lipschultz uncovered about the role of broadcast news organizations and their treatment of the elderly.

Hilt said the book is the report of a

survey given to television general managers and news directors to determine how they react to older audiences, a group of our society that is often overlooked in the field of broadcast news and programming.

Hilt further explained the instrument used for this survey, the "Kogan Attitudes Towards Old People Scale," determined the attitudes this group of broadcasters held toward the elderly. Broadcasters were also able to give comments in an open area on the surveys.

"Broadcasters fell in the middle—what came across to me is that broadcasters want to serve the community as best they can," Hilt said.

However, at the same time, the problem Hilt found broadcasters run into most often is they were unaware of

what happens in their communities.

"A lot of people don't seem to understand that if they have an event upcoming, if they contact the media, there is more of a chance that the media will come to cover their event," Hilt explained.

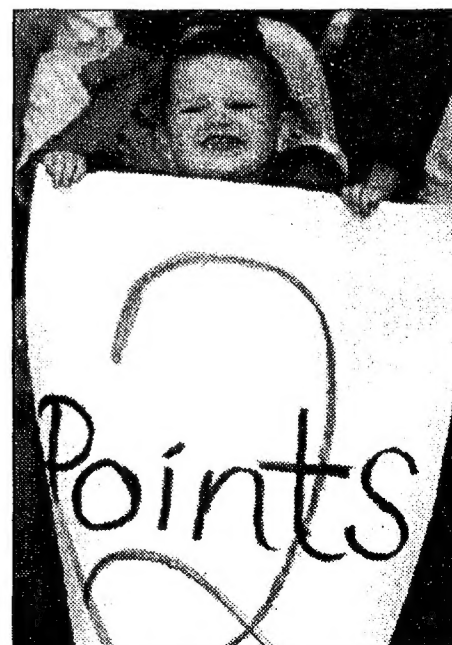
Hilt discovered that many broadcasters do in fact understand that their audiences are growing older, and that they would like to better serve their older audience. But they need feedback on how they can do better.

Garland Publishers discovered Hilt's doctoral dissertation, and interested in publishing it, initially approached him with the idea.

"I'm not certain exactly how they came across my dissertation, but they actually called me and told me that they

-- see Aging, page 3 --

C'mon, Ref. How can you say 'no'?



Kaitlin Jensen shows her support during a wrestling match last weekend in the Fieldhouse.

Tony Miceli

News Briefs

Graduate Application Deadline Announced

Graduate students who are planning to graduate May 10 must apply for their degree in the Registrar's office by March 14. Graduate students are encouraged to call the Graduate Studies office (554-2341) to make sure all materials necessary for graduation are on file.

Gateway Looking For Prose and Poetry

Send your poetry or prose submissions to the Gateway office by e-mail (editor@gateway.unomaha.edu), by 'snail mail' (UNO, Room 115 MBSC, Omaha, Ne. 68182), or drop it off at the Gateway (room 115 in the Student Center). For more information, call 554-2470.

-- from Lottery, page 1 --

\$29,949,729. Second, the Nebraska Environmental Trust Fund receives 25 percent per year, and to date has garnered \$15,126,126. The Solid Waste Landfill Closure Assistance Fund receives 24.5 percent each year and has a total of \$14,823,603. Finally, the Compulsive Gamblers Assistance Fund receives one percent of the trust fund annually and has received \$605,045, the Nebraska Lottery reports.

Tom Johnson, a public relations spokesman for the Nebraska Lottery, explained that the trust funds are governed by committees. "Members of the committees are appointed by the Governor. To petition for a grant an organization must submit application proposals," Johnson said.

An Omaha area organization that has petitioned and received grants is the Omaha Public School district's Central High School, said Johnson. Central High School received \$588,000 for the development of a technology center and career development resources.

Johnson further confirmed that, among the many projects to which the Nebraska Lottery contributes, environmental improvement funds totaling \$203,000 were appropriated toward a watershed project for West Omaha's Zorinsky Park.

In addition, the Henry Doorly Zoo collected \$275,000 for recycling and composting projects.

Family Services of Metropolitan Omaha were granted \$22,910 on behalf of the Compulsive Gamblers Assistance Fund.

Johnson said that the remaining 20 percent of Lottery expenditures are earmarked for retailers, who receive a 5 percent commission on every ticket sale to help with advertising, lottery personnel, and the providers of the on line equipment and scratch tickets.

But who plays the lottery games? Surveys administered by the Nebraska Lottery indicate the average player is between the ages of 25 and 44. The average income for the average player is roughly \$30,000. Players are likely to have attended trade school or college.

Johnson explained the lottery industry's image has improved because of the 68 percent approval ratings it earned in national circulation polls, and it is thought to be the most efficiently run gaming activity in the country. In addition to public approval and the game's efficient administration, it is believed that the constructive projects to which the lottery contributes might otherwise receive little or no support.

Caffeine — Legal but Still Addictive

By KIM GILFILLAN

Coffee, tea, soda, chocolate. It comes in many forms, and is worshipped by most college students on a daily basis: Caffeine.

Just because it is legal, does not mean it is harmless.

Technically considered a drug, this lifesaver can kill. Although it would take the equivalent of 50 Vivarin, 80 cups of coffee, or 218 cans of Coke, the idea that it is deadly should scare more people into considering its side effects as harmful, rather than helpful.

Upon consuming only two cups of coffee (250 mg caffeine), intoxication may occur, resulting in nervousness, insomnia, flushed face, gastrointestinal disturbance, muscle twitching, cardiac arrhythmia, and psychomotor agitation.

Just one can of most sodas are caffeine-intoxicating to a child.

Symptoms of caffeine addiction include headaches and weariness, known all too well by many college students and business associates suffering withdrawal at the end of the day.

But for those addicts who wish to continue utilizing the side effects of this drug for day-to-day activity, consider the following information, according to the 1989 issue of Com-

puter Language, when choosing which form to take:

— Pepsi ranks high in calories, but low in caffeine (38 milligrams)

— Dr. Pepper is low in caffeine, but high in thirst-quenching (among soda, anyway)

— Coke of all varieties (Classic, Coca Cola, and Diet) have the same caffeine amount (46 mg), but diet has no calories

— Mountain Dew peaks out in calories, but is middle-of-the-road for caffeine (54 mg)

— Jolt is second for caffeine (71 mg)

— black coffee comes out number one: only eight ounces, no calories, and an average of 125 mg caffeine per cup.

For those who would like the benefits of black coffee without the taste, David Marcheschi recently created Water Joe, caffeine-enhanced natural Artesian water. No calories, no flavor, not even carbonated. One 16.9 ounce bottle contains the caffeine-equivalent of one 8 ounce cup of coffee. It runs about the same price, too: around \$1 a bottle, but there are no free refills.

Many Scientists Contend That Humans Will Live Two And Three Times Longer

By MICHAEL VITEZ

Knight-Ridder/Tribune News

John Ferrara, 18, and Laura Ohlsson, 15, were enjoying one of those moments that make life worth living, sitting blissfully in the window at Starbucks, sipping a mocha coffee and an iced tea, whispering, laughing, dreaming about a vacation to the Bahamas ...When a boneheaded reporter walked up and asked them whether they would want to live 150 years.

Ferrara is a freshman at Northwestern University, home for winter break. Ohlsson is from London. "I think 80 years is quite enough," she said, with a royal decisiveness. "The world is kind of declining, and I don't really want to be there to witness it all."

"Now you're getting deep on me," Ferrara protested. What if they could stay young and beautiful, continue sipping coffee in the window, vacationing in the Bahamas?

She paused for a moment. "That would be OK," she said finally. "Yeah," he agreed. "I could handle that."

Is this the future?

Many brilliant scientists, folks who have extended the life of fruit flies, yeast and worms, contend that humans soon will be living two and three times longer than they do now, playing tennis at 100, blowing out birthday candles at 200. Super longevity is real, they say, and just around the corner.

"I think a lot of people alive today will live throughout the next century and into the 'next,'" says Roy Walford, a pathologist and geriatrician at UCLA. "I'm 41 chronologically, 33 biologically, and I don't plan on getting any older," said Ronald Klatz, a native Philadelphian and president of the American Academy of Anti-Aging Medicine. Klatz takes 60 pills a day. "Immortality is out there," he says.

"I believe in 25 years we could see the creation of the first products that can postpone human aging significantly," said Michael Rose, a biologist at the University of California at Irvine who has extended the life of fruit flies from 60 days to 120 days the equivalent of extending human life to 200 years. "The only practical limit to human life span is the limit of

human technology."

That's one point of view. Now, for the other. "There is not a snowball's chance in hell of extending the human life span," said John J. Medina, a cell biologist at the University of Washington and author of the new book, "The Clock of Ages." "One hundred twenty years is the limit."

"Only one in four billion people got to age 120," said Thomas Perls, a Harvard geriatrician, referring to Jeanne Calment of France, the world's oldest person, who turns 122 in February. "All the literary agents say to me, they want a book that will say the human life span will be extended. It's lies. It's stupidity. It's not good medicine. It's just a way to make a buck."

"The idea that we can extend life to 150, 200 is absolutely ridiculous," said Leonard Hayflick, past president of the Gerontological Society of America, and pioneer in studies of how the body's cells age. "It's expressed by people who have no knowledge of the field."

Aging is a stochastic (random) process over which we have no control and never will."

Cellular and molecular biology is a booming field today, and many scientists believe imminent discoveries there regarding how and why the cell ages will dramatically reduce illnesses of old age — cancer and Alzheimer's, for instance. Scientists believe new knowledge at the cellular level could enable us to live much healthier lives into our 80s and 90s.

The most optimistic believe in the coming years we may learn to alter our fundamental biology, to slow, stop or even reverse the aging process.

And so, longevity has become a hot topic. Books are flying out of publishing houses: "The Melatonin Miracle," "Stopping the 'Clock,'" "Reversing Human Aging," "Grow Young with HGH," along with Medina's "The Clock of Ages."

-- see Life, page ? --

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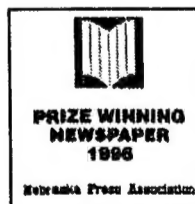
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One per student, 25 cents each.



A Sports Illustrated for Women?

COLLEGE PRESS SERVICE

NEW YORK—Sports Illustrated plans to capitalize on the growing popularity of women's sports by testing a sports magazine for women in April.

"The biggest market that we don't speak to directly is women," said Don Elliman, the magazine's president. "We would like to change that."

The yet-to-be-named magazine, currently with the working title "Sports Illustrated Woman," would be published twice in 1997. The target audience is the so-called "Title IX Generation," or women ages 18-34 who have grown up with a federal law that requires equal access to sports activities in schools, Sports Illustrated said.

"With the growing interest in women's sports, the development of new professional

leagues and the vast numbers of women who participate in and actively watch sports, we feel the timing for this magazine is perfect," said Sports Illustrated Associate Publisher John Jay.

Over the past five years Sports Illustrated's female readership has grown by 15 percent to more than 5 million women.

The new magazine, published by Time Inc., will feature about 100 pages. It will be distributed to Sports Illustrated's 450,000 female subscribers, as well as women selected from a Time Warner database. The newsstand price will be \$2.95.

So far there's no word as to whether the women's SI will have a version of the magazine's celebrated annual swimsuit issue—complete with swimwear fashions modeled by men.

-- from Fees, page 1 --

concern for students considering a \$7.50 refund from student fees. "It would really affect the student activities on campus," he said. "Activities such as SPO could not function because student fees are vital to their function of student programming."

Although student fees do not support UNO's Gay and Lesbian Organization (GALO) right now, there is some talk of a Gay, Lesbian, and Bisexual Resource Center for UNO's campus. Kim Erwin, president of GALO, expressed the interest shared by several of the gay, lesbian and bisexual students on UNO's campus to create a Gay, Lesbian, and Bisexual Campus Resource Center. She also discussed actions that students are taking to make this a reality.

"We plan on speaking to the senators in Student Government, and gathering petitions that are signed by UNO students."

-- from Aging, page 1 --

would like to publish my dissertation in book form," Hilt said.

Hilt said that the heart of the matter of the book is that other studies—including his own—have concluded that the elderly watch more television than do any other demographic in our society. Nevertheless, programming for and about the elderly seldom airs on broadcast television, despite the fact that the numbers of people that fall into this category are steadily increasing.

"So we have this segment of society that is growing, that wants to watch television, that prefers to watch news... so it just made sense that this was an area that needed to be examined," Hilt explained.

The process of transforming his dissertation into book form was an interesting process for Hilt, to say the least.

"I'd like to say there weren't any problems coming out with this book, but book publishing is definitely unique," Hilt said.

"In a five to six month period, I changed assistant editors about four times," Hilt said.

"With every new editor, came new ideas for what should be done that often were completely the opposite of the ideas of the previous assistant editor. My new editor might want

to change something that I had just changed for my earlier editor back to the way it had been in the first place," Hilt laughed. "It was definitely an experience."

When asked if he had any future plans for publishing books, Hilt said he still holds the thought in mind.

"It was a strange period of time," Hilt said of the seven month process he underwent in transforming his dissertation into book format.

Hilt is no newcomer to the field of research in either gerontology or communications. Hilt explained that he and Dr. Jeremy Lipschultz have participated in other studies for both broadcast news and journalism.

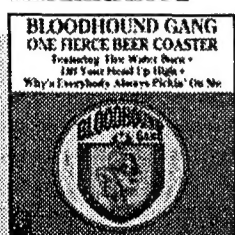
He further explained that the two often take their findings into the classroom at UNO to benefit their students with knowledge they have just uncovered, as well as the experience they gain from the research process itself.

Hilt hopes that in the next year or so UNO will offer a course he would teach on aging and the media. If such a course is offered, this book will be a valuable education tool.



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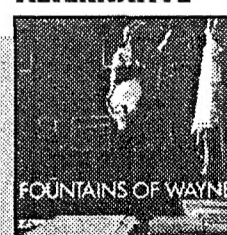
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ALTERNATIVE



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Opinions & Editorials

Battle of the sexes

'I am Woman, Hear Me Roar'

BY KIM GILFILLIAN
Staff Editorial

I am woman. To Webster's New World Dictionary, no more than "an adult female human being." To science, merely "the bearer of human offspring." Not surprising answers, considering both institutions are composed mostly of men.

Not ordinary men, but harsh, enclosed men, with no heart or soul, just the frontal lobes of their brains to lead them to success, money, and consequently, a primitive form of "happiness." Yes, primitive, despite their advanced, oversized heads (in both physical and mental terms), characteristic of a highly evolved organism. They rule our world with no pity, no pain, no true love...no feelings deeper than

STAFF EDITORIAL

a puddle.

Actually, these are ordinary men. After all, they do represent their majority, at least according to their own recent scientific studies. Obviously no one in their population thinks there is a problem with this. None have come forward to attempt to change their peers from their ludicrous demeanor.

The stereotypical woman, however, is quite the opposite: known for crying during weddings, Feed the Children infomercials, as well as other semi heart-string tugging situations, let alone irrepressible urges "just to be held." Such longings are not had in the brain, they'll all tell you; but in the pit of their stomach, or higher toward the heart, or just plain all over their tummy. But definitely nowhere from the neck up. Where do you think your soul is?

Women generally endure the mental abuse inflicted by their male counterparts, yet manage to continue down life's path without stumbling too badly. But if men were to receive equally thoughtless treatment from women, they'd trip and fall like the giants they think they are.

Of course, some men have feeling, and equally, some women don't. So equally, in fact, is it possible opposites do attract? Are all who feel, be they man or woman, destined to be paired with an equally unfeeling, annoyed, eye-rolling spouse?

Heard and Noted: An Invited Response

BY JONATHAN PELPIREY
Staff Editorial

First of all, your statements really hurt me deeply. I had to turn to my caring friend, Fred, for consolation.

But seriously, I must say I am not man. Rather, I am a man. And that, I believe, makes a very big difference.

Now don't misunderstand me. I do not wish to get into an argument over words. I merely wish to point out what you have already shown us in your lop-sided fashion above: that almost everything you said is a gross generalization.

I have decided to completely ignore the second paragraph, in which you reduce all male dictionary-makers and scientists to unfeeling frontal lobes with legs. I do this because I figure you're just venting.

But then you go on to say that this description is actually representative of all men. And not only that it is representative, but that it is *according to recent scientific studies*. Huh?

"Obviously, no one in their population thinks there is a problem..." Obviously, you didn't consult me.

"None have come forward." Ever? Off the top of my head I can think of a man, without whom, women in England (and probably America for that matter) might never have earned the right to vote — John Stuart Mill. That's just one example.

You then go on to list several rather superficial examples of "longings." Most women, I think, would cringe at your list. I mean, there aren't too many people who'd want to hold up an infomercial as an example of something good. I would think that the longings of the soul are somewhat more substantial and meaningful than feelings that merely tug at your heart-strings. I think I understand, though, that you are talking about the deep inner longings which result, in some cases, in outward displays of emotion, altruistic acts, and desire for

-- see Staff Editorial, page 5 --



'Keep Your Mitts Off My Jeans'

You can take away my old T-shirts, my faded sweaters, even my worn-out tennis shoes, but keep your mitts off my blue jeans.

Blue jeans are like good friends — either you love a pair or you don't. They're one in a million, impossible to replace, and as much a part of you as your personality.

You can tell a lot about a person by their jeans. If they've got bell-bottomed ones, they're a little too into retro. If they're wearing Wranglers (especially if they are worn skin-tight with cowboy boots), chances are they are partial to country music and are gold card holders at Guittars and Cadillacs.

If the jeans are skin-tight with zippers on the sides, the ladies wearing them probably haven't yet turned their calendars from the 1980's to the 1990's. And if the jeans are large enough to hold a family reunion inside, you just need help.

Why are jeans so personal?

If you're tall, short, thin or heavy, you know that no two pairs of jeans are alike. Once you finally find some that fit you, are comfortable and look good, you're not going to let go of them too soon. It doesn't matter whether you have three pairs of jeans or 30 — you're always going to have your favorite.

The way the denim loosens, fits and conforms to your body curves is a process that doesn't take place overnight. Your favorite jeans have been shopping with you, sat through numerous lectures, visited friends, even tolerated extreme climatic changes — and unlike even the best of friends, never uttered a word of complaint in the process.

Favorite blue jeans simply can not be replaced.

On my current favorite pair (limited to wear only with big shirts long enough to cover the hole in the seat), I have a small brownish-black spot of tar that I got three years ago in Washington, D.C. when my family drove out to take my sister to Georgetown. Every time I see that spot, I will remember sitting on the curb outside the door of our hotel room, dreading having to say goodbye to her.

But your blue jeans are strictly yours. They're personal. Never, I mean *never* can another person compliment you on your jeans. To do so would lie on the fine line between insult and cheesy pick-up lines. "Hey baby, nice jeans!"

Why jeans? Why not sweaters, T-shirts or even socks? Because no matter the situation, season, time or place,

jeans always have been and always will be in style.

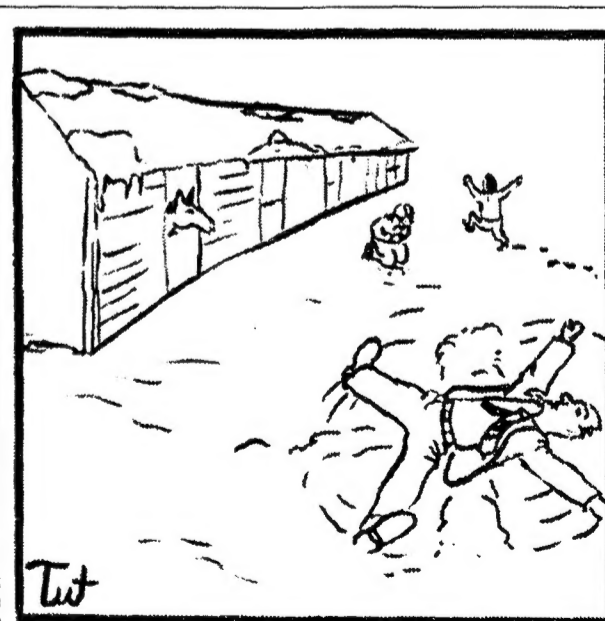
Look into your closet. Can you say the same thing about parachute pants, vests with 100 zippers, thigh-high knee-highs (what were we thinking?), button-down henleys, or even neon-bright colored shirts?

But jeans also cause their own terrors. Have you ever put on a pair of jeans that weren't quite dry yet and got that hard-to-forget, bone-chilling shock? There's also nothing worse than finding a hole in the rear of your favorite jeans and coming to the realization that their time is up.

So, in the midst of your sadness, you face the realization that it's time to give a new pair of jeans their 15 months of fame. So you set to work at the tedious task of breaking in another pair, failing a few times before you find another pair of favorites. Once the roller coaster ride is over and you've found your perfect pair, you are once again at ease, at peace and fulfilled. You are yourself again.

Give me my blue jeans or give me death.

MARYLYNNE
ZIEMBA
Columnist



The day the UNO/FDR proposal passed

Opinions & Editorials

Sexism at Hooters?

PC is 'Tearing Away at the Pleasures of Male Species'

The wave of political correctness has surfed too far. First, words were restructured to sound less offensive. Short people were now "vertically challenged". Prostitutes were referred to as "self-employed models". It didn't end with mere words. So ridiculous has the idea of political correctness become, any time one opens his/her mouth, it is sure to offend someone (this column, for instance).

This time, the line needs to be drawn. One of man's most sacred temples is being threatened with change. No, they are not reforming your television. The restaurant chain, Hooters, is in the midst of a battle over not only political correctness, but sexism as well.

This is not a new topic. For many years, there has been conflict over the degradation of women who work at Hooters, and feel it to be unnecessary for the scanty uniforms, the tussled hair, etc.

Usually, cases like these are brought to the public's attention, not by the workers themselves, but by some women's advocate group. These groups find great pleasure in tearing away at the many pleasures of the male species. Hooters is no exception.

Recently, Annette Phillips, a female worker at the chain's Myrtle Beach, S.C. restaurant filed a sexual harassment lawsuit against Hooters of America. Her lawyer stated that "Hooters put its female employees at risk of sexual harassment through its uniforms it requires them to wear, and the marketing of its restaurants."

Now, before the National Organization of Women comes knocking on my door, let me further my rationale. I understand that some people do not feel comfortable seeing women dressed in this manner. To them, I say, "Don't look."

The dress code is clearly outlined and stated in the Hooters employee handbook, and each employee signs that handbook.

How about the Chippendales? How many men's advocate groups are protesting scantily clad men prancing around in their G-strings, in a tour across the country? Zero. Not a one. Selection committees do not merely accept the riffraff off the street to dance for the Chippendales. You have to possess the physique of Hercules to even be considered.

If groups protest the use of the human body to promote,

or even make a profit from, so be it. As a male, however, I don't want to stroll into the local Hooters restaurant and find Roseanne wearing a cropped T-shirt and shorts serving my piping hot buffalo wings. Conversely, I am sure women do not want to see Al Bundy baring his "party ball" belly for all to see (although I would prefer Al over Roseanne). He once scored four touchdowns in one game for Polk High!

Patrons of Hooters do not go there simply for the spicy wings and cold beer. There is a certain atmosphere that Hooters has created. It has done remarkably well in maintaining a niche in the restaurant market.

I have visited Hooters a few times in my short-lived life, and have enjoyed not only the food, but the "scenery" as well. It is a part of the make-up of the human species that men are attracted to women, and vice versa (this concept has been somewhat

muddled by those confused individuals who don't know what or who to be attracted to). The management of Hooters has capitalized on this beginning-of-time concept. Beautiful women will attract customers, which means larger profits. It does not only benefit the company, but the employees as well, who earn generous wages.



SEAN GUILFOYLE

Columnist

-- from Staff Editorial, page 4 --

physical contact.

As for the question concerning the location of the soul: well, I don't know where it is, but I think I felt it in my left thumb once.

I would agree that women have historically been subjugated politically and economically by men. But the only reason that women like yourself think of the life of a woman as being "worse" is because you have bought into the lie that the life of a man is "better." Life is life. Live life the way your soul tells you to (if you can find it!) Men and women will always be jerks. Learn to be happy with yourself, regardless of those around you.

Finally, in answer to your question about destiny and relationships, I can say, like the author of Ecclesiastes, that "the rain falls on both the just and the unjust."



<http://www.gateway.unomaha.edu>

What's Your Favorite Article of Clothing?



Scott Kelley
Senior communications major

"A pair of panties my girlfriend left behind."



Olivia Armenta
Freshman biology/pre-med major

"My shoes. Different shoes have a different attitude. I wear different shoes every day."



Tiffany Runnels
Freshman elementary education major

"Sweatshirts. Sometimes I'm in that grubby mood."



Rosik Park
ILUNO

"Blue jeans. They're convenient."

--photos and interviews by Pat Justice

Need Some Good Advice? Ask Denise

BY DENISE GIAMELLE

Dear Readers:

Recently, we at the **Gateway** decided to try something new. It is an advice column, written by me. I am not a "sage," as Carol Buffington, student publications manager, called me. But I am an impartial third party. Sometimes it helps to have someone else listen. And sometimes I might have an idea where to get you an answer. Or, I might be the person who has the nerve to ask a university office something you did not want to go ask yourself.

Please do not think of me as a person with all the answers. In most cases, you are the person with the answers, but you just need to hear it from someone else. So, with all the disclaimers I can think of out of the way, let's get started.

Dear Denise:

I recently got an internship that doesn't pay much, yet I know it will look good on my resume. But lately, I've been having problems with the businessman I'm working for and I'm considering dropping the whole thing to start over somewhere else. Something inside tells me, though, not to be a quitter. What should I do?

Working But Not Loving It

Dear Working:

Good question! What can and should you do? I asked Dr. Michael Hilt, an associate professor in the communication department and he said,

"The first step is to talk with the program coordinator." Hilt characterized a program director as someone, "impartial but the students know he has their best interest at heart." He also said this problem is not that unusual. When a student comes in with a problem, Hilt said he "lets them vent."

He is in the unique position of knowing the businesses where students work and the business owners who employ

the interns. So, Hilt can explain business owners' day-to-day problems and why they expect what they do from an intern. Sometimes that is all it takes. If a student has problems with the working hours, Hilt said he can call the business and try to work it out.

If none of these strategies solve the problem, Hilt will try to find the student a new internship so they do not have to drop the program. "We view internships at several different levels," he said. Communication students are required to take an internship. Students should experience the work in the field, graduating with a degree and actual work experience. Hilt said businesses tell him they

consider the degree *and* the work experience necessary.

Hilt does an initial screening of interns and tries to match the students' interests with the jobs. "We eliminate a lot of problems that might crop up later," he said.

Even if a student finishes an internship and hated it, that intern has learned a valuable lesson. So, do not be afraid to talk to the people who coordinated your internship. They are here to help students!

Dear Denise:

My girlfriend and I don't always like going out alone but I don't like hanging out with her friends and she doesn't like my friends. Are we just not meant to be if we don't enjoy the same company?

Missing my Friends

Dear Missing

My first question is: if you do not like the same people, what do you see in each other? Of course, any time people start a new relationship, they are taking a different path. Maybe you need to make some new friends together that you both like. (Some call these "couple friends.") This does not mean you can no longer see your old friends. You can see your old

friends while your girlfriend is with her old friends. Or you could try a compromise. "I'll go to dinner with your friends with a smile on my face if you go to my friend's house this weekend." Who knows, those people might grow on you!

Have a problem or burning question? Send your letters to Dear Denise at the Gateway. Sorry, I can only answer letters in the paper and I get to pick which questions. Unlike letters to the editor, I do not need your real name and address, just your question. Letters can be sent to editor@gateway.unomaha.edu mailed to the Gateway (MBSC 115, Omaha, Ne. 68182) or dropped off in room 115 in the Student Center. Call 554-2470 if you have questions.

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Attention S.A.B.C. Members

Thank you for agreeing to participate in S.A.B.C. Our new schedule will go as follows:

January 30	Information and Training Jenkins Room
February 6	ISS/WRC Council Room
February 13	CCLR/Gateway Council Room
February 20	SPO/Student Government Council Room
February 27	AMS/Dds/Programming Proposal Council Room
March 6	UPFF Fund B Council Room
March 13	Final Council Room
March 20	Student Government Meeting at 6:00 p.m. Council Room

All meetings will be in the Student Center from 3:00p.m. - 5:00p.m. You do not need to attend the March 20 Student Government meeting.

Eat, Drink and Be Merry—It's Good For You

REUTERS MEDIA SERVICES

LONDON (Reuters) - Forget those New Year resolutions to count the calories and stop drinking alcohol. And there's no need to feel too guilty the morning after if you wake up with a hangover. Scientists have decided moderate drinking is good for you and strict calorie watching is not the best way to stay slim, while a hangover can be a useful warning to keep drinking within limits.

Writing in the British Medical Journal, U.S.-based researchers said a study of the lifestyle of thousands of Chinese men showed 19 percent lower mortality among men aged 45 to 64 who had up to 14 drinks a week than among teetotalers.

But the researchers from the University of South Carolina said the study of 18,244 men in Shanghai between 1986 and 1989 showed heavy drinking was risky. Those who had more than 43 drinks a week had a 30 percent higher risk of death. "Moderate drinkers had a reduced risk of death compared with non-drinkers or heavy drinkers," they wrote.

Danish scientists reported that a free and easy diet was more effective than a strict regime for keeping the pounds off. The researchers from Copenhagen's Royal Veterinary and Agricultural University made 43 obese adults lose around 30 pounds each either via a strict diet lasting 17 weeks or an even harsher one lasting eight. Then, some of the volunteers were put on an "ad lib" low fat program while others began a traditional calorie-controlled diet. The results were measured after a year.

A signed editorial in the same edition of the BMJ suggests even the post-Christmas hangover may be a blessing in disguise. Ian Calder, a consultant anaesthetist at Britain's National Hospital for Neurology and Neurosurgery, wrote there was probably no foolproof remedy for the morning-after headache. But at least the fear of a hangover makes most people moderate their drinking. "Even moderate amounts of ethanol (alcohol) can be damaging, so a penalty for consumption is in our interest."

Bed-Wetting Study Seeks Answers, Explanations, Cures

BY STEPHEN CROUCHER

Between five and seven million children over the age of five in the United States suffer from primary nocturnal enuresis (PNE), or bed-wetting, which the American Psychiatric Association defines as "repeated voiding of urine during the day or night into bed or clothes, whether involuntary or intentional."

In order for a child to be diagnosed with PNE the he or she must meet certain criteria. The child must be at least five years old, with a mental age of at least four years. She must also have at least two or more bed-wetting episodes a month until age six. After that time, the child must have at least one episode a month. Enuretic episodes that occur during sleep are referred to as nocturnal enuresis, and those that occur during the day are diurnal.

Even though most cases are nocturnal, bed-wetting is one of the most frustrating disorders a child can have. Time, effort and expenses related to new sheets and pajamas are just a few consequences of bed-wetting. Some children also suffer from low self-esteem and are teased at school by their peers and siblings.

William Warzak, a psychologist at the University of Nebraska Medical Center Meyer Rehabilitation Institute, in his article entitled, "Current Concepts in Pediatric Primary Nocturnal Enuresis" quoted A.C. Houts's article, "Behavioral Therapy." "Parents often have little understanding of the biobehavioral nature of enuresis."

"Parents attribute the problem to poor parenting skills" Warzak said. Literature on PNE supports a strong relationship between family history and the occurrence of enuresis in children. Risk of enuresis increases by seven times with a parental history of enuresis. The condition is also more common in boys than in girls.

There are a number of effective treatments for PNE, with the most common being pharmacological and behavioral intervention. The most prescribed medication is imipramine, an antidepressant. "Imipramine has been found to have limited peripheral anticholinergic effect. This results in some relaxation of the bladder muscle, thus inhibiting bladder contractions and the voiding that results," said Dr. Warzak in his article.

There is also evidence to suggest that imipramine may

increase levels of antidiuretic hormone (ADH). These findings led to the drug DDAVP.

"What happens with kids who wet the bed is that they are making as much urine during the night as during the day, so they void it during the night," Warzak said. DDAVP raises the child's ADH level, causing the amount of urine produced to decrease and lowering the likelihood that the child will have to urinate during the night.

The behavioral intervention that Dr. Warzak utilizes is an alarm. An alarm attached to a child at night has a buzzer that is put in different places, depending on the model of alarm. The alarm's moisture sensors are attached to the crotch of the patients undergarment or pajama. The alarm sound when the patient urinates.

"The alarm has proven very successful in treating PNE," Warzak said. The purpose of the alarm is to alert the patient when they urinate. Eventually after being awakened in the middle of the night numerous times, the patient will begin to know when their bladder is full and will systematically train their bodies to realize when they need to use the bathroom. Therefore they will be able to go to the bathroom to urinate, instead of in their beds.

A study is presently being conducted with the University of Nebraska Medical Center under the guidance of William Warzak, and John Walburn, both from the

- see Bed-Wetting, page 8 -

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The shuttle bus is running between Ak-Sar-Ben and the UNO campus beginning at 6:30am Monday through Friday when classes are in session, starting January 13, every fifteen minutes or less.

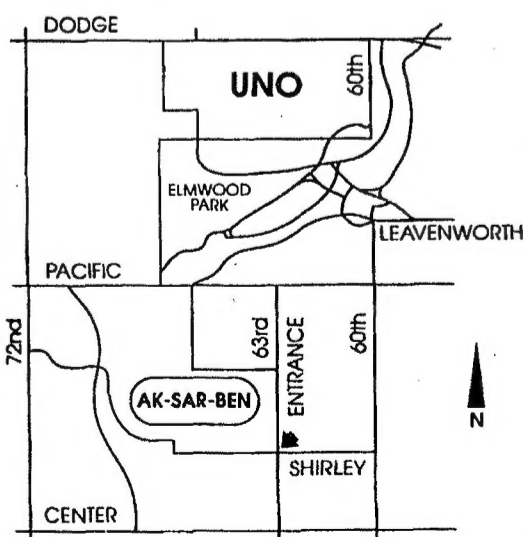
The last bus departs campus at 6:00pm for Ak-Sar-Ben. Access to Ak-Sar-Ben is through the 63rd & Shirley St. gate and the buses will load/unload in the gate area. The shuttle buses are accessible to the disabled.

Parking permits are not required when parking at Ak-Sar-Ben.

The shuttle service is also available for Faculty and Staff use.

The possession of a parking permit does not guarantee a legal parking space on campus.

All questions should be directed to Campus Security at 554-2648.



Home Access Changes HIV Testing

By SAVONDA NICOLE JOHNSON

With the invention of the information super highway comes the next step in technology, telemedicine. Home Access Health Corporation, one of the founding fathers of telecommunications, has developed an at-home blood test that checks for the Human Immunodeficiency Virus (HIV) and Acquired Immune Deficiency Syndrome (AIDS).

An estimated 1 million HIV-infected people in the U.S. remain unaware of their infection, says the Center for Disease Control (CDC). Kevin Johnson, director of communications for home access, discussed the benefits for Home Access and Home Access Express in a Monday afternoon telephone interview.

"We [Home Access Health Corporation] are breaking down the barriers of the health care system. We provide total anonymity, accessibility, affordability, and 99.99 percent accuracy with our fast results," Johnson said.

Home Access results can be given 24 hours a day. Counselors are professionally trained and required to be familiar with social services, crisis intervention, psychology, domestic violence, and suicide prevention. All counselors must attend a training program held by the CDC, that sets the standards for telecommunication counselors.

Some opponents of the home tests think that life is taken too lightly. After all, people will learn about their results over the telephone if they are negative or positive.

Ruth Hanon, supervisor of UNO Health Services discussed her thoughts about the home tests.

"Professional counselors are somewhat skeptical because they are concerned whether people are going to get good information if they test positive results," Hanon said.

"However, a great plug is the anonymity of the test because I know some insurance companies will think you are a person of high risk if they see that you have been tested for HIV/AIDS," she added.

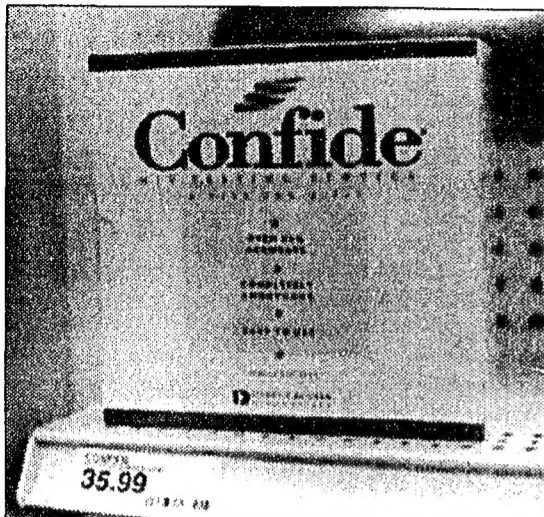
The test itself includes two puncturing devices to collect the blood sample, a plastic strip, gauze pad, specimen return pouch, cardboard envelope, and a self-addressed Federal Express envelope.

Home Access only takes 4 easy steps. Step one is an anonymous registration and pre-test counseling. Step two is the sample collection. Step three involves laboratory processing. Step four is the test result retrieval and post-test counseling.

With Home Access, results do not arrive for 7 days, while Home Access Express only takes 3 days for confirmation of results.

Home Access and Home Access Express can be purchased at area Walgreen's and Baker's. The costs of Home Access is 39.95 and Home Access Express is 49.95.

It can also be purchased by calling 1-800-HIV-TEST.



HIV testing can now be done at home with Confide.

drug was available only in a nasal spray form.

"The tablet will be easier for children to take," Warzak said. "We're excited to be able to offer this new tablet form to our study participants." He also noted that the drug does not have any significant side-effects. The second group of children will use alarms that wake them and alert them to wet pants or sheets. The third group will at first receive nothing but will receive a bed-wetting alarm after a short waiting period. The drugs and alarms are provided at absolutely no charge to the participants.

"What we want is dry kids," Warzak said. "The question is not how to get them there. The real purpose behind it is, if we find that kids feel better about themselves once they become dry, and if we have good interventions, why wait for them to grow out of it? In the end we look to see how being dry affects the child." For more information about the study, parents should call 559-6408.

- from Bed-Wetting, page 7 -

UNMC department of pediatrics. Both doctors hope to gain an understanding of the social and psychological aspects of receiving treatment.

The study uses DDAVP and alarm devices to help children keep their clothes and sheets dry. UNMC is currently seeking children ages 8 and older to participate in this study. All participants receive \$25 at the beginning, and \$25 when the study is complete. The study lasts 12 weeks with an additional 12 week follow-up period.

Participants will be divided into three groups. The first group will take DDAVP. This is the first time that DDAVP will be available in a tablet. Previously the

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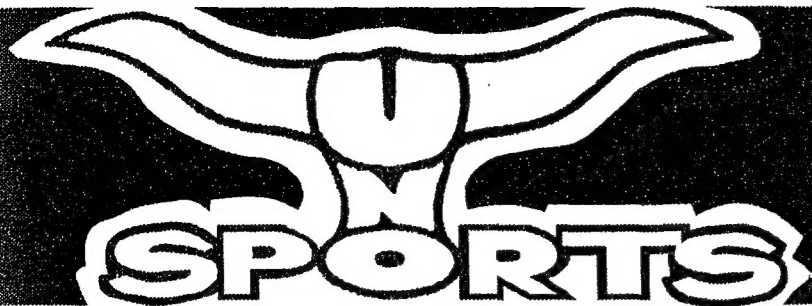
• SENATE MEETING •

schedule for spring 97

January 30	7:00p.m.
February 6	7:00p.m.
February 20	7:00p.m.
March 6	7:00p.m.
April 3	7:00p.m.
April 17	7:00p.m.

March 20
6:00p.m.
S.A.B.C. hearing





"I can't see myself not running. It's something I've always loved."

Carri Butler
UNO Track Team
see story on page 10

Sounding Off from the Sports Editor

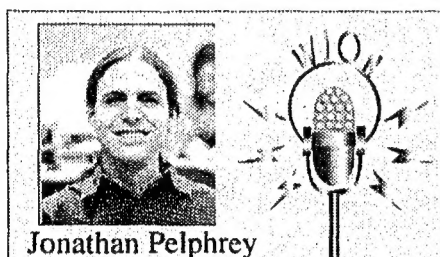
BY JONATHAN PELPHREY

It's been a while since anything resembling a sports column appeared in the *Gateway*. I'm sure some of you can't remember that there ever was one. Actually, the memory is pretty foggy for me, too. Which is just as well, really.

Nothing like a fresh start. Let's try to have a little fun here.

The Maverick Make-over

So... have you all heard about or seen the new Maverick logo? During the winter break, the athletic department announced the creation of a new logo designed, they said, with a new, more up-to-date look. It's printed at the bottom



Jonathan Pelphrey

of this column.

First question: how many of us can remember

what the old one looked like? I went to the bookstore Wednesday to try and find it and ended-up locating it on a few of the sweatshirts they sell there. I suppose I've seen it before, but I couldn't have told you what it looked like.

It seems to me that this new logo is a bit more aggressive-looking. Which brings up the second question: what do you think of the new look for the Mav?

Now before you get too excited (and I know you are), it should be said that the word is that there may be a few minor changes in the works for the new logo. It seems the powers that be might be reconsidering a few things themselves. We shall see.

Things that make you go 'hmm'

After last week's basketball game against Northern Colorado, Mav Head Basketball Coach Kevin Lehman suggested something rather outlandish to one of our writers. In the course of talking about boosting attendance at the home basketball games, he proposed that a cannon be brought in to the UNO Fieldhouse for use during the basketball games.

I guess, in theory, this would be an entertainment — something exciting to attract more people to the games. I wonder.

Is this the same cannon that they fired-off at Mav football games? If so, I can only imagine the result of firing it in the Fieldhouse. Coach Lehman said he was going to hold a test run yesterday to see if it caused any damage to the building.

Of course, it is possible that Lehman was joking. On the other hand, it is possible that he was making a threat. Either way, I suggest that you show up Friday or Saturday so he doesn't have to follow through with his plan.



Did You Know?

Did you know there are more than a dozen club sports here at UNO? I didn't. I knew about fencing. I figured there was probably swimming and golf — even tennis. But I didn't know about mountain-

biking. Or bowling. Look for more coverage of club sports in weeks to come. For that matter, look for coverage of UNO's intramural sports in future issues of the *Gateway*.

On that note, I'd like to let everyone know that letters to the sports editor are just fine with me. Just be sure to include the same information that you'd include if you were writing a regular letter to the editor (see complete policy on page 2).

Which Way Will they Go?

UNO Basketball Teams

Host Bison, Sioux

BY JONATHAN PELPHREY

This weekend should prove to be a pivotal one for both the Mavs and the Lady Mavs as they host two teams from the far north, North Dakota State University (NDSU) on Friday and the University of North Dakota (UND) on Saturday.

Lady Mavs Face the Best

The Lady Mavs are coming off a second-half collapse last week against Northern Colorado, in which they shot .270 from the field. That loss dropped them to 5-2 in the North Central Conference and in a tie for third.

Both the Bison of NDSU and the North Dakota Fighting Sioux will pose a daunting task for the Lady Mavs as they try to snap their two-game losing streak. NDSU and UND are first and second, respectively, in the NCC, and own a combined overall record of 31-1.

The Bison have won 33 consecutive games and four straight NCAA Division II national titles. They are currently ranked No. 1 in the country.

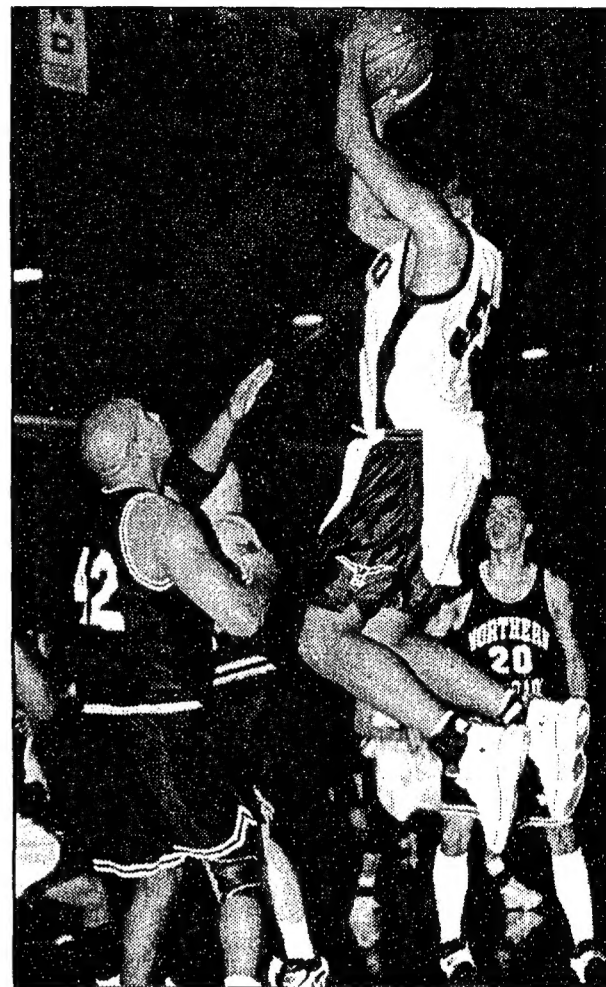
The Lady Mavs, who will be playing before a television audience on Cox 02TV, will need quality minutes from leading scorers Amy Breen (15.1 points per game) and Amy Loth (13.5 ppg), as well as tough defensive play from Stacie Kaiser, who leads the team in steals.

Saturday's game will present an equally difficult challenge, as the No. 3-ranked Fighting Sioux (15-1, 6-1) visit the Fieldhouse.

Mavs With Chance to Advance

The men's basketball team will have an opportunity to build on last week's victory over the University of Northern Colorado (UNC) when they face NDSU Friday and UND Saturday.

Last week, the Mavs made 31 free throws to beat a foul-prone UNC squad that currently sits at 0-7 in the NCC. The Mavs, who hold an NCC record of 2-5, will face an


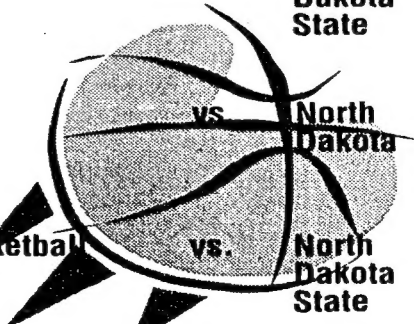


— Jason Young

Mav Center Charles Thompson (shooting) left the Northern Colorado Bears dumbfounded last Saturday night as the Mavs stomped the Bears and won their second game in the NCC.

--see Basketball, page 10--

Sports Schedule

What	When	Where
 Wrestling	Division II National Duals Showdown Friday-Saturday, Jan. 24-25th, All day	Edmond, Okla.
Women's Basketball	vs. North Dakota State Friday, Jan 24th, 6p.m.	Fieldhouse
 Men's Basketball	vs. North Dakota Saturday, Jan. 25th, 6p.m.	Fieldhouse
	vs. North Dakota State Friday, Jan. 24th, 8:05p.m.	Fieldhouse
	vs. North Dakota Saturday, Jan. 25th, 8:05p.m.	Fieldhouse

Lady Mavs, Butler, Racing for Championship

By JONATHAN PELPHREY

The Lady Mav track team is expecting a lot this year. The 1996 team produced seven all-Americans and 13 school records on its way to a fourth-place finish at the North Central Conference (NCC) Indoor Championships and a second-place finish at the NCC Outdoor Championships. Six all-Americans return this year, joined by other athletes who have a realistic chance to be all-Americans again this year.

UNO Head Track Coach Tim Hendricks is optimistic about the possibilities for the 1997 season but he said it will take a lot of hard work and discipline for that to happen. One reason for his optimism might be Carri Butler, the two-time defending NCC indoor 400-meter champion.

In her two years at UNO so far, Butler has broken six school records and the all-time NCC record at the 400 meter distance. She is an eight-time NCC champion, and an all-American two years in a row.

In the midst of this, Butler is still looking to improve. "I want to get my times lower," she said. "I set my goal in the open 400 (meters) to run it in under 54 seconds."

"I also made a goal in the 4x400 relay to make it to nationals and be in the top six nationally," she said.

Butler said she has also set some goals for her team. Last year the team's fourth and second-place finishes in the indoor and outdoor NCC championships, respectively, were the best for the Lady Mavs in over a decade. This year, according to Butler, those finishes may be better. "Our goal is to win the conference this year, indoors. And I think we can do it," she said.

If that happens, it will be the first indoor NCC championship for UNO since the Lady Mavs won the inaugural event in 1981.

Butler said her motivation comes from her love for running and her desire to compete at a high level. This desire, she said, keeps her training year-round. "If you don't train all year, it shows during the season in how you run and how you compete," she said.

Last week, Butler was named outstanding female athlete at the Ward Haylett Invitational for her first-place finishes in both the 60-yard dash and the 440-yard dash. Her time of 58.50 seconds in the 440 was a meet record.

Butler said her time, well above her personal best of 54.60, was pretty good for the first meet of the season. "I was hoping that I could get pushed, get a little competition," she said. "But I kind of knew that maybe I'd have to push myself."

She's been pushing herself to be faster and faster since the seventh grade, when she began running competitively. "I can't see myself not running," she said. "It's something I've always



Recently-named Outstanding Female Athlete at the Ward Haylett Invitational Carri Butler looks to dominate in this weekend's Cornhusker Open in Lincoln.

loved."

Butler said she plans to continue to use her athletic ability after she graduates. "I have a coaching endorsement. I'm planning to teach elementary education and then go over to the high school and coach track."

Butler, along with her teammates, will face some tough competition this weekend when they travel to Lincoln to take part in the Cornhusker Open. Athletes from both the Division II and the Division I ranks will gather together in the same competition, which begins Saturday at 10 a.m. "It's going to be very tough," Butler said. "There's a lot of competition lined up for the 400. I'm going to have to get out and run hard."

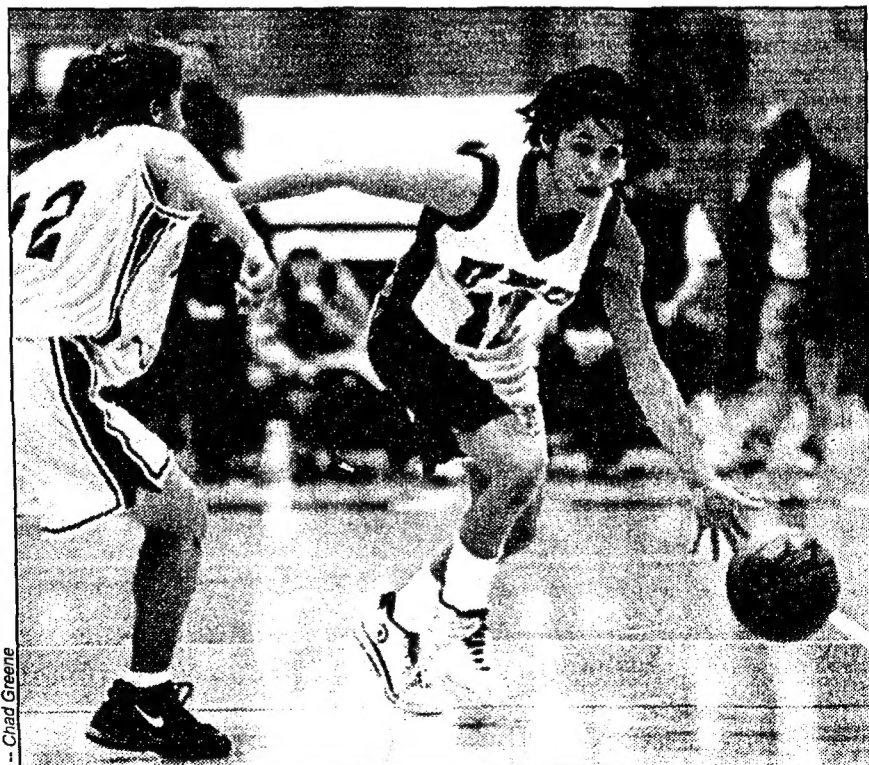
Hendricks agrees. "The light switches are going to go for a lot of these kids," he said. "There'll be a lot more athletes there, and we're not going to see a lot of first and seconds like we did (last week)."

Hendricks said the important thing in a meet like this one is to try to qualify for nationals and prepare for the conference meet in early March.

Butler, who's time in the 440-yard dash last week has already provisionally qualified her for nationals, said the increased competition at this weekend's meet will help her improve even more and will push her to take further steps toward meeting her personal goals.

--from Basketball, page 9--

NDSU team that is 4-3 in the NCC and 13-3 overall.



Beth Wilkinson drives past a Northern Colorado player last weekend. The Lady Mavs will face North Dakota and North Dakota State this weekend in the Fieldhouse.

The Bison are led by guard Mark McGehee (16.1 ppg) and forward Marcel Johnson (16.5 ppg).

Saturday's game will feature the Mavs against the Fighting Sioux of UND, who own a record of 3-4 in the NCC and 9-7 overall. UND is led by guard Travis Tuttle (20.6 ppg).

Probable Mav starters:

Guard Danny McLarty;
Forward Troy Kloewer;
Guard Shadric Thomas;
Forward Robert Green;
Center Charles Thompson.
Probable Lady Mav starters:

Center Jacinda Van Fossen or Sarah Larson;
Forward Amy Breen;
Forward Stacie Kuiser;
Guard Amy Loth
Guard Katie Welsh

Game time for the women's games is 6 p.m. The men's games will begin at 8:05 p.m.

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No. 3 Maverick Wrestlers to Dual at Showdown

By JONATHAN PELPHREY

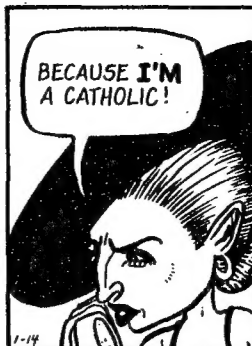
UNO's wrestlers will participate in the Division II National Showdown Duals this weekend, hosted by Central Oklahoma. The tournament will feature 16 teams from around the country, 13 of which are ranked in the top twenty nationally.

Going into the tournament, the Mavs are ranked No. 3 in the latest Division II wrestling poll. UNO picked up a first place vote to stay within striking distance of Pittsburgh-Johnstown (No. 1) and Central Oklahoma which, at No. 2, is the only team ranked higher than UNO that will be competing at the tournament this weekend.

San Francisco State (No. 5), Western State (No. 7), Chadron State (No. 9), and Northern Colorado (No. 10) are among the other teams slated to compete.

The Mavs will meet Wisconsin-Parkside in the first round on Friday. Match time is set for 11 a.m.

Competition will continue all day on Friday, with the championship match to be held on Saturday at 1:30 p.m.



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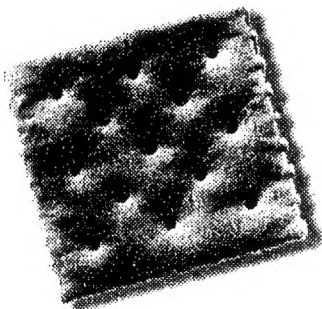
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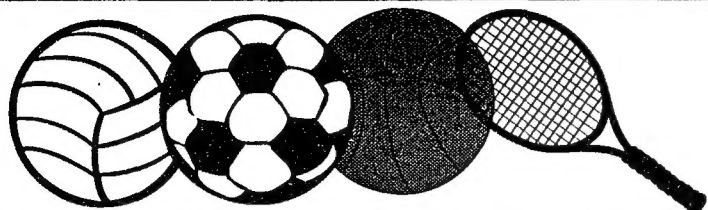
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Sunday

2:00 - 3:00 pm

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